

COBB COUNTY DRUG TREATMENT COURT

“TIME OUT” PACKAGE

You have been given _____ days to serve in the Cobb County Detention Center.

****You have the opportunity to complete the enclosed, written assignments before your release from custody.****

If the Drug Treatment Court Team determines that you have not made a sincere effort to complete this assignment, further sanctions will be ordered. In addition to responding to the questions, we expect you to complete a minimum of one page journal to include a summary of your daily activities, affirmations, and thoughts about being incarcerated per day while incarcerated.

We encourage you to use this time constructively to identify ways that you can avoid being in this situation again!

This assignment must be turned in to your counselor on the day following your release from custody or is to be brought back to court with you the following Monday.

Name

Date

Your written assignment must be a minimum of 500 words and address the following basic questions. Our staff will evaluate your responses based on your level of honesty, recovery insight, and prevention planning. Your daily “time out” journal should touch on each of these topics. (Please feel free to use the backs of the pages provided.)

1. Why am I in the Cobb County Detention Center again? What am I doing wrong to get myself here again?
2. What are some of the contributing factors/triggers to my current situation?
3. What can I do differently when I am released to avoid returning to jail? (Be specific in outlining your plan.)
4. What can the team of the Cobb County Drug Treatment Court do to help me accomplish my plans and goals?